

KNOWLEDGE IS POWER

HOW TO SAVE THE WORLD

A GUIDE TO THE INFORMATION WAKING MILLIONS
OF PEOPLE UP AND WHAT TO DO ABOUT IT

VERSION 2.0

CREATED BY G MARK PHILLIPS | SAVETHEWORLDGUIDE.COM

How To Save The World V 2.0
by G Mark Phillips

WHAT CHANGED IN VERSION 2.0

- This guide began as The Patriot's Guide to Saving America. The purpose of that guide was to help people wake up to the lies and deception being perpetrated by our government and also to share solutions. I did this primarily by sharing resources (movies, documentaries, videos, books and articles). It's the same guide it's always been, with all of the same resources and advice for what to do, but now the focus has shifted to the whole world.
- I've organized the resources section of the guide by area (Financial, Medical, Educational, etc) so you can find the information and resources you need more easily.
- I made minor changes to the overall text to improve readability.
- I organized the action steps in alphabetical order based on the underlined word.

THANK YOU!

Thanks for purchasing this guide and keeping an open mind about the events that are unfolding in our country and our world. United we stand and divided we fall. We're in this together!

THIS IS NOT ABOUT VIOLENCE

This is NOT about violence. This is about educating yourself and viewing the events unfolding in our world with a critical eye and always questioning the main-stream narrative. It's about continually acquiring knowledge and information and sharing what you know. It's about knowing history (both United States history and world history) and staying up to date on current events. Knowledge is power.

100% SATISFACTION GUARANTEE

I want you to be completely satisfied with this guide. If you aren't, for any reason, please let me know and I will refund your money, no questions asked. The best way to contact me is via text message at 208.906.0188. Additionally, you can email me at mark@gmarkphillips.com

THE LEGAL STUFF

This guide is provided for informational purposes only. This document does not represent legal, financial, tax, or medical advice. Please consult your lawyer, financial advisor, tax professional, or doctor before acting on anything in this document. Information in this document is not comprehensive and is not

guaranteed to be free of misrepresentations or inaccuracies. In other words, this document is not a substitute for competent professional advice from a licensed professional in your state. The claims made here have not been evaluated by the United States Food and Drug Administration and are not approved to diagnose, treat, cure, or prevent disease.

FIND ME ONLINE

In addition to creating this guide, I also share knowledge and information about what's happening in our world on my YouTube channel and social media. You can find me in the following places. I'm everywhere online and social media @gmarkphillips

- Website - <https://gmarkphillips.com/>
- YouTube - <https://www.youtube.com/gmarkphillips>
- Instagram - <https://www.instagram.com/gmarkphillips/>
- Facebook - <https://www.facebook.com/gmarkphillips/>
- Twitter - <https://twitter.com/gmarkphillips>
- Gettr - <https://gettr.com/user/gmarkphillips>
- TikTok - <https://www.tiktok.com/@gmarkphillips>

FOCUS & FLOW: PRODUCTS & APPAREL FOR CONSCIOUS CREATORS

This is the product and apparel company I created to help people achieve goals and dreams in life. You can learn more at <https://focusandflow.co/>

THE DOCUMENT LIBRARY LINK

Use this link to access the free bonus content and new versions of this guide when they become available. I'll announce new versions on my social media accounts.

https://www.mediafire.com/folder/mjj4tl0a8el3r/The_Great_Awakening

WHY I CREATED THIS GUIDE

I created this guide to share knowledge and information with like-minded people about what's happening in our world. In September of 2021 I had a huge wake-up call when Joe Biden told those of us who chose not be vaccinated against Covid 19 that, "Our patience is wearing thin." It was at this moment that I knew something was very wrong and I could no longer simply ignore our government and the main stream media as I had been doing for the past 15 to 20 years.

Additionally, in 2021 someone close to me suffered a severe vaccine injury. This prompted me to do a deep dive into alternative medicine because it was clear that the main-stream medical system had completely failed us. This isn't to say there aren't good people working to do the right thing in the system, but the

system as a whole has been corrupted by the government and no longer serves the patient, but serves the pharmaceutical industry. During this time, I started gathering resources about what was happening in our world and sharing them with family and friends. This guide came to be because I felt this information could help others as well.

The World Economic Forum has already told us they plan for us to “own nothing and be happy about it” by 2030. Additionally, the UN’s SDG’s (Sustainable Development Goals) will place further restrictions on our ability to move around the world if they continue to go forward. We truly are in a fight for our freedom and I hope you’ll keep that in mind moving forward.

ABOUT THIS GUIDE

Knowledge + action = Results

This guide is divided into two sections, **knowledge** and **action**. In the knowledge section, I’ve shared resources to help you wake up and become more informed about the events that have happened and are happening in our world. In the action section I share some of my ideas regarding what you can do to defeat tyranny, preserve freedom, and live happily ever after.

KNOWLEDGE RESOURCES BY CATEGORY

I realize that some of the people and organizations on this list of resources are controversial. With that in mind, I’m not necessarily endorsing these people or their products. I’m providing them here as a source of information about the events that are unfolding in our world. Please approach these resources with an open mind and a critical eye. Always do your own research and use discernment regarding everything I’ve presented here.

I’ve separated the resources into categories for your convenience. In many cases you can find well-made summaries or reviews of these resources on YouTube to quickly develop an understanding. It’s always best however, to watch, listen, or read the resource yourself. You can stream many of these movies free and/or inexpensively in the all the usual places, including iTunes, Amazon Prime, YouTube, etc. If I’ve found a free version online I have included the link.

EDUCATION RESOURCES

ARTICLES

- Search for articles on unschooling, homeschooling, and classical Christian education.

BOOKS

- Battle For The American Mind: Uprooting a Century of Miseducation by Pete Hegseth – <https://www.amazon.com/Battle-American-Mind-Uprooting-Miseducation/dp/0063215047>
- The Deliberate Dumbing of America, by Charlotte Thompson Iserbyt <https://deliberatedumbingdown.com/ddd/>
- Dumbing Us Down: The Hidden Curriculum of Compulsory Schooling, by John Taylor Gatto – <https://youtu.be/RpDyxDVjF0c>

MOVIES, DOCUMENTARIES & VIDEOS

- Affordable Christian Classical Education Alternatives to ‘Woke Public Schools’ - <https://youtu.be/K0n3D6PbbGc>
- Charlotte Thompson Iserbyt – Deliberately Constructed Idiocracy – <https://www.youtube.com/watch?v=DDyDtYy2I0M>
- Jordan Peterson on Homeschooling – <https://youtu.be/iGu2U3X9-sk>
- How Unschooling Better Prepares Young People for Success | School vs Unschool - <https://www.youtube.com/watch?v=f3oAoOOVoZo>
- Pete Hegseth: They don’t want free thinkers (a Fox Business Interview) – <https://youtu.be/VZUd6KwfYNQ>
- “Easiest Way to Turn Your Kids Into Geniuses” | John Taylor Gatto - <https://youtu.be/96tEE8XoC0c>
- Waiting for ‘Superman’
 - Watch the trailer here: https://youtu.be/ZbCZB_sy6Ws
 - Watch it free here: <https://watchdocumentaries.com/waiting-for-superman/>
- Unschooling Explained (by an unschooler) – <https://www.youtube.com/watch?v=cqkYQ-3etxE>
- What is Classical Christian Education (Dr. Steve Turley) - <https://www.youtube.com/watch?v=o4GSax46u8c>
- Why Public Schools and The Main Stream Media Dumb Us Down by Academy of Ideas on Youtube – <https://youtu.be/6CDafJxJJ0g>

ORGANIZATIONS

- None for now

PEOPLE

- Charlotte Thompson Iserbyt
- John Taylor Gatto

WEBSITES

- None for now

FOOD RESOURCES

ARTICLES

- None for now

BOOKS

- None for now

DOCUMENTARIES, MOVIES, & VIDEOS

- The Seeds of Vandana Shiva – <https://vandanashivamovie.com/> (You can watch the first 10 minutes free)

ORGANIZATIONS

- None for now

PEOPLE

- Vandana Shiva

WEBSITES

- None for now

MONEY

ARTICLES

- None for now

BOOKS

- You're Money or Your Life, by Vickie Robbins and Joe Dominguez

DOCUMENTARIES, MOVIES, & VIDEOS

- None for now

ORGANIZATIONS

- None for now

PEOPLE

- Myron Golden – <https://www.youtube.com/c/myrongolden>

WEBSITES

- None for now

MEDICAL RESOURCES

ARTICLES

- None for now

BOOKS

- The Real Anthony Fauci: Bill Gates, Big Pharma, and the Global War on Democracy and Public Health – https://www.amazon.com/Real-Anthony-Fauci-Pharma-Democracy/dp/B09LVYYTJJ/ref=sr_1_1?keywords=the+real+anthony+fauci+robert+f+kennedy+jr&qid=1680653515&sprefix=the+real+an%2Caps%2C184&sr=8-1

DOCUMENTARIES, MOVIES, & VIDEOS

- CBS 60 Minutes Swine Flu with Mike Wallace (1976) – <https://rumble.com/v1mnn9e-cbs-60-minutes-swine-flu-with-mike-wallace-1976.html>
- Died Suddenly – <https://rumble.com/v1wac7i-world-premier-died-suddenly.html>
- Plandemic Series by Mikki Willis - <https://plandemicseries.com/>
 - Plandemic - <https://rumble.com/v1mou9s-plandemic.html>
 - Plandemic 2: Indoctrination – <https://rumble.com/v1mxliy-plandemic-2-indoctrination-full-documentary.html>
 - Plandemic 3: The Great Awakening (Global Premier June 3, 2023) – Watch the Teaser here <https://rumble.com/v29toeo-plandemic-3-the-great-awakening-teaser.html>
- The Real Anthony Fauci (two-part series) by Jeff Hays – Official Website <https://www.therealanthonyfaucimovie.com/trailer/?sub4=54697f4a60044fe28991cbffcce57887&afd=362#>
 - You can watch Part 1 here – <https://www.dailymotion.com/video/x8es6c8>
 - You can watch Part 2 here – <https://www.youtube.com/watch?v=U4Z3mZhPJLA>
 - Here's an article about the documentary – <https://childrenshealthdefense.org/defender/the-real-anthony-fauci-documentary-trailer-rfk-jr-bestselling-book/>
- Safe and Effective: A Second Opinion (2022 Oracle Films COVID-19 Documentary) – <https://rumble.com/v1mc9z0-safe-and-effective-a-second-opinion-2022-oracle-films-covid-19-documentary.html>
- Vaxxed: From Cover-Up to Catastrophe - <https://vaxxedthemovie.com/>
 - Watch Vaxxed Here – <https://rumble.com/v1mn8jo-vaxxed-from-cover-up-to-catastrophe.html>

ORGANIZATIONS

- America's Frontline Doctors – https://americasfrontlinedoctors.org/2/legal_articles/thousands-of-lawyers-and-doctors-filed-lawsuit-for-violations-of-the-nuremberg-code/

PEOPLE

- Dr. Mark Ghalili – <https://instagram.com/drmarkghalili?igshid=MzRIODBiNWFIZA==>
- Dr. Suneel Dhand – <https://www.youtube.com/@drsuneeldhand>

WEBSITES

- None for now

GENERAL RESOURCES

ARTICLES

- Lobbyists Make the Laws <https://reformparty.org/lobbyists-make-the-laws/>

BOOKS

- How I Found Freedom in an Unfree World, by Harry Browne (See the summary in the bonus content downloads via the link above)
- Outwitting The Devil, by Napoleon Hill
- The War of Art by Steven Pressfield

DOCUMENTARIES, MOVIES, & VIDEOS

- 2000 Mules – <https://2000mules.com/>
- Carl Sagan: Governments Will Use Ignorance of Science and Technology to Control the People – https://youtu.be/f9A_qFM9IAk
- The Big Lie – How To Enslave the World, by Academy of Ideas YouTube Channel – <https://youtu.be/6VfJ0BJvt7Y>
- The Dimming (Full-Length Climate Engineering Documentary) – <https://youtu.be/rf78rEAJvhY>
- Everything Is a Rich Man's Trick – https://youtu.be/4oVpt_I9iQQ
- Gender Transformation: The Untold Realities – <https://gendertransformation.com/>
- Hoaxed – <https://archive.org/details/hoaxed>
 - A documentary created by social media personality Mike Cernovich detailing the use of narratives by mass media to influence politics and public opinion – description from the site listed above.
- How Does Corruption Affect You | Transparency International – <https://youtu.be/FYorzlkCWYo>
- Leaving California: The Untold Story
 - Visit the website and watch the documentary here: <https://leavingcamovie.com/>
 - Visit the YouTube channel here: <https://www.youtube.com/@LeavingCAMovie>
 - Watch the trailer here: <https://www.youtube.com/watch?v=nEpNPh3HqSc>

- My Son Hunter – <https://mysonhunter.com/>
- One by One: Rik Mayall (NWO Exposed 2014) – <https://rumble.com/v27119l-one-by-one-rik-mayall-nwo-exposed-2014.html>
 - Watch the two-minute trailer here <https://youtu.be/wGiyI5tinZA>
- Principles for Dealing with The Changing World Order by Ray Dalio - <https://youtu.be/xquam0TKMw8>
- Riding The Dragon | The Biden's Chinese Secrets (2020) – <https://youtu.be/JRmlcEBAiIs>
 - "Riding the Dragon" explores the complicated and — until now — secret relationship existing between China and the Biden family. This explosive documentary uncovers the business deals, financial transactions, and secret agreements made between Hunter Biden's businesses and the Chinese government, all while Joe Biden was vice president of the United States. While China sought to challenge and replace the United States as the world's sole superpower, Hunter Biden worked behind the scenes securing millions of dollars in business deals that were unavailable to larger and more established banks like Morgan Stanley and UBS. Hunter Biden did this all while his father served not only as the vice president of the United States but as the Obama administration's point person in Asia. "Riding the Dragon: The Bidens' Chinese Secrets" follows the money and delves into these business deals to uncover exactly who Hunter Biden was doing business with, when they might expect payback, and how the Biden family sold out American interests in exchange for access and money. – This description is from blazetv.com <https://www.blazetv.com/movie/SH9ntNalfGvE-riding-the-dragon--the-bidens-chinese-secrets>
- Sergeant Robert Horton War Castles (Overview) – <https://youtu.be/eySF9sPaozq>
- Thrive I & II – <http://www.thrivemovement.com/>
 - Watch Thrive I here – <https://youtu.be/BVEDwnvwQkM>
- Uncle Tom I & II – <https://www.uncletom.com/>
 - If you're an Amazon Prime member you can watch this two part documentary for free on that platform. This is also the most inexpensive place to watch if you aren't an Amazon Prime member.
 - Watch the official trailer here – <https://youtu.be/QVLj-zARCV8>
 - Watch the opening 20 minutes to Uncle Tom II here – https://youtu.be/nRa9AcCNE_U
 - Unknown Influence | Social Media, Democracy and Transparency – <https://youtu.be/bNRwTz6IH04>

ORGANIZATIONS

- The Blaze tv – <https://subscribe.blazetv.com/>
- CBN (Christian Broadcasting News)
- Childrens health defense – <https://childrenshealthdefense.org/vaccinesafety/>
- The Daily Caller <https://dailycaller.com/>
- The Daily Wire
- The Epoch Times
- The Federalist
- Fox News Network

- The Freedom Records with Morgan Zegers – Per their Instagram Bio “Interviewing survivors of communism. Teaching Americans what the government won’t. Connecting past to present.” <https://www.instagram.com/thefreedomrecords/> and on Youtube at <https://www.youtube.com/channel/UCmzQj4-dTORZ3tEmQH0v7PA>
- The Gateway Pundit – <https://www.thegatewaypundit.com/>
- GBN (Gospel Broadcasting Network)
- The Heritage Foundation
- Info Wars – <https://www.infowars.com/>
- The Jimmy Dore Show
- Mises Institute – <https://mises.org/>
- National Review <https://www.nationalreview.com/>
- Newsmax
- Next News Network
- OAN (One America News) – <https://www.oann.com/>
- The Post Millennial – <https://thepostmillennial.com/news>
- Prager U
- Reason TV – <https://youtube.com/@ReasonTV>
- Real America’s Voice – <https://americasvoice.news/>
- Red Pill News – <https://www.youtube.com/@RedPillNews>
- Redacted with Natalie and Clayton Morris – <https://www.youtube.com/redactednews>
- Rebel News
- Sky News Network & Sky News Australia – <https://news.sky.com/>
- Town Hall Media – @townhallmedia
- Turning Point USA – <https://www.tpusa.com/>
- The Washington Times
- The Western Journal – <https://www.westernjournal.com/>
- Wion – <https://www.wionews.com/>

PEOPLE

- Alex Jones
- Allen West – <https://www.instagram.com/AllenBWest/>
- Allie Beth Stuckey
- Amala Ekpunobi (Unapologetic Podcast) – <https://www.youtube.com/channel/UCqEvEKqmQ-CHPleOSaGCffw>
- Archaix – <https://www.youtube.com/@Archaix138>
- Ari Yemini
- Ben Shapiro
- Black Conservative 24 – <https://www.youtube.com/@blackconservative2429>
- Black Conservative Patriot – https://www.youtube.com/channel/UCdVSlmNi1uyfsgOAT_TbVyg
- Black Conservative Perspective – <https://www.youtube.com/@BlackConservativePerspective>
- Brad Polumbo – https://www.youtube.com/@Brad_Polumbo

- Brett Cooper – The Comments Section with Brett Cooper
- Candace Owens
- Chrissy Clark – The Reaction with Chrissy Clark on Youtube
- Dale Bigtree – The Highwire
- Dan Bongino
- Dave Rubin – <https://www.youtube.com/user/RubinReport>
- Doc Rich – <https://www.youtube.com/channel/UCMJD9wZVMP8X-9pa1JxbGTw>
- Dronetek
- The Funny Republican - <https://www.instagram.com/thefunnyrepublican/>
- G. Edward Griffin
- Genenguy – <https://www.youtube.com/@genenguyhhn>
- Glen Greenwald
- Glenn Beck
- The Hodge Twins – <https://officialhodgetwins.com/>
- JP Sears
- James Woods
- Jim Rickards
- Joe Rogan
- John Rich
- John Stossel – <https://www.youtube.com/channel/UCjo1uN-aM3rmBV46xi7I2KA>
- John Voight
- Kali Fontanilla – <https://www.youtube.com/@RealKaliFontanilla>
- Kory Yeshua – <https://www.youtube.com/@koryyeshua8134>
- Maria Zee – <https://www.youtube.com/@zeeemedia2373>
- Mark Levine
- Mel Gibson
- Monica Crowley
- Morgan Zegers – <https://www.instagram.com/morgan.zegers/>
- Patrick Bet David – PBD Podcast
- Pete Hegseth
- Redacted
- Reel Joe Biden - @reeljoebiden on Instagram
- Rogan O’Handley – @dc_draino on Instagram
- Russell Brand
- Ryan Kinel (RK Outpost) – <https://www.youtube.com/@ryankinel-rkoutpost4989>
- Stephen Davis (aka MAGA Hulk) - <https://www.instagram.com/stephendavis1776/>
- Steve Bannon
- Dr. Steve Turley - <https://www.youtube.com/@DrSteveTurleyTV>
- Steven Crowder
- Stew Peters
- Thomas Sowell
- Tom MacDonald <https://www.youtube.com/@TomMacDonaldOfficial/featured>
- Trish Regan
- Tucker Carlson

- The Typical Liberal on Instagram
- Victor Davis Hanson

WEBSITES

- Stop World Control – <https://stopworldcontrol.com/>

ACTION STEPS

DO THIS FIRST

Save yourself. By that I mean, get right with God. I'm convinced that we are in a spiritual battle for the heart, mind, and soul every man, woman, and child on earth.

I believe we need a spiritual revival and a return to God ASAP if we want to be victorious and restore freedom in our world. If we are truly experiencing spiritual warfare, then we definitely want God on our side.

This is an example of what I feel we need to do on a national level. This is what recently happened at Ashbury University in Wilmore, Kentucky <https://youtu.be/vkdi7c7Vs6o>

I'm not qualified to guide you in this first and most important step, because I'm a new believer myself. I've listed some ideas and insights I've been given from people who have been walking with The Lord longer than I have.

Please keep in mind that just because I'm sharing this list with you, it doesn't mean I do all of these things myself. I'm on the path just like you are and I can always be better.

1. Read and follow The 10 Commandments.
2. Spend time reading, studying, and applying the principles found in The Bible.
3. If you're new to The Bible, as I am, I'm told a good place to start is with Proverbs.
4. Watch sermons and biblical scholars on YouTube. There are a lot of good preachers and biblical scholars out there and you're sure to find some that resonate with you. Below are some of my favorites.
 - Archaix - <https://www.youtube.com/@Archaix138>
 - The Beat by Allen Parr – <https://www.youtube.com/@thebeatagp/featured>
 - Pastor Greg Laurie - <https://www.youtube.com/@greglaurie>
5. Search for testimonies from your favorite Christian celebrities, sports figures, and other people you admire. One of my favorites is by Phil Robertson, the Duck Dynasty creator <https://youtu.be/sTemC44dhQQ>
6. Follow your favorite Christian celebrities, sports figures, and other people you admire on social media. Some of my favorites are Kirk Cameron <https://www.instagram.com/kirkcameronofficial/> and Mel Gibson.
7. Attend church.

8. Spend time with like-minded people talking about biblical topics and sharing knowledge and information.
9. Start a bible study club.
10. Pray.
11. Clean up your home, your yard, your car, and every other area of your life. As the saying goes, cleanliness is next to Godliness.
12. Be kind and help others when you can.

DO THESE THINGS NEXT (In alphabetical order by underlined word)

“Act as if the future of the universe depends on what you do, while laughing at yourself for thinking that your actions make any difference.”

~Mihaly Czikszentmihalyi

This section answers the question, “What can we do?” Choose the items on this list that resonate with you. These action steps are in alphabetical order by core idea.

1. **GIVE UP BREAD & CIRCUSES** – Control your intake of bread and circuses. I like eating delicious food and being entertained as much as anyone. However, I also know that these things are major distractions to staying informed about what our politicians are doing but also from pursuing our life purpose. I believe that the crimes and corruption in our world has grown to epic proportions in direct correlation to the multitude of bread and circuses we have in our world. Do what you can to minimize the negative impact bread and circuses has on your life, at least until we get our world back on the right track and clean up the corruption.
2. **FORM COOPERATIVE ALLIANCES** – Form cooperative alliances and small micro-economies with family, friends, and neighbors at the local level. Trying to do it all can be overwhelming. Do you grow vegetables? Trade them for other goods and services you need. Do you have chickens? If so, trade the eggs you gather with a neighbor for something you need.
3. **EXERCISE DISCERNMENT** – Use your powers of discernment to know what is right and wrong and who is good and bad. This is perhaps your most powerful weapon in this spiritual battle we are in.
4. **EAT RIGHT** – Food is information, so eat as clean as you can. Remove as many processed foods, sweets, candies, and junk food from your diet as possible. You’ll feel better and you’ll think better. After discovering that 45% of the FDA’s funding comes from fees paid by the pharmaceutical industry, I now question everything the FDA “regulates”, including food. There are clearly systemic problems in all of the agencies that are supposedly there to protect us.
<https://today.uconn.edu/2021/05/why-is-the-fda-funded-in-part-by-the-companies-it-regulates-2/>
5. **EXERCISE** – Exercise daily to keep your mind, body, and soul in the best shape you can.

6. **DO NOT FEAR** – Fear is their favorite weapon. They use fear to manipulate us into doing what they want us to do, and that always involves handing over more of our money and/or our freedoms. Fear is how they control the masses. As Frank Herbert said, “Fear is the mind killer”. When you’re in a fearful state, you are more likely to do things you wouldn’t normally do. Cultivate courage as much as possible.
7. **CHANGE HEARTS AND MINDS (BEGINNING WITH YOUR OWN)** – Do what you can to change other people’s hearts and minds. The best way to do this is by changing yourself. Be the change you want to see in the world and become the best version of yourself.
8. **LISTEN TO IMMIGRANTS** – One of the best sources of information on what is happening in the US and other parts of the world are immigrants who have come here from socialist and/or communist countries. They’ve seen this dog and pony show before and many of them are warning us about the danger we are in. I share many of their stories on my social media accounts. See The Freedom Records with Morgan Zegers in the resources section for more about this. They interview people from socialist and/or communist countries who have come to America.
9. **INFORM YOURSELF** – Knowledge is power. Don’t rely on your government, the media, your family, or your friends to inform you about the important events unfolding in our world. Staying up to date and informed is the work we all must do. I know you’re busy and don’t always want to spend time informing yourself but it’s vitally important that you do so. We are in an information war. If you don’t inform yourself with good solid information, you’re putting yourself and your family in danger and ultimately making it easier for evil tyrants to manipulate you. Listen to what Robert F. Kennedy Jr. said about the mainstream media machine and being an informed person. <https://youtube.com/shorts/ZHB0rlr0WsY?feature=share> See the resources section for media companies that are not as beholden to private interests as the mainstream media is.
10. **TRUST YOUR INTUITION** – There is so much noise in the world right now. I believe that we are being deliberately bombarded by news and information in an attempt to disorient and confuse us. This is why it’s so important to develop a solid relationship with your inner Self (i.e. holy spirit) and listen to your intuition to guide you and advise you.
11. **INVEST** – Invest your time, money, and energy in people, companies, and leaders who are working to make the world a better place. Time and money are your two most valuable resources. Invest them in things and activities that strengthen and prosper you. You get to decide what kind of world you live in by choosing where you spend your time and money. Over the past few years, corporations who are not in the service of humanity have lost billions in market share. Disney and Bud Light are good examples. They have lost billions trying to force their woke values onto their customers.
 - a. **Time** – Volunteer your time for worthy causes.
 - b. **Money** – Invest your money in people, companies, and leaders who are working to make the world a better place.

- c. **Energy** – Invest your energy in people, companies, and leaders who are working to make the world a better place.
12. **GET INVOLVED** – Get engaged and involved in local or national politics if you're inspired to do so. This can be very powerful. Change is going to happen from the bottom up, not the top down.
13. **BECOME A CITIZEN JOURNALIST** – There are two parts to this action step. The first part is about doing investigative research, just as any good journalist would do. The second part is about using your social media platforms (create anonymous accounts if you choose) to share what you find with others. If you discover something that informs you, moves you or touches you in a deep and meaningful way, share it on social media. If it touches you, there is a high likelihood that it will touch someone else. Right now, we have an opportunity to fight with words and information and to wake others up to the danger we are in. If we continue on this path we're on and we don't empower ourselves with information, there will come a point in time when the situation could escalate into physical confrontation or even war. Please do everything you can to avoid that by acquiring as much information as you can and sharing it with whoever will listen on your social media channels and in person. As I mentioned in another action step, be careful in doing so and avoid triggering people if you can. Craft your words carefully. Tensions are very high right now. If you know something, say something. If you see something, say something. Think of the Project Veritas motto: "Be Brave. Do Something."
14. **KNOW HISTORY** – If there's one thing that most can agree on, it's that history repeats itself. This is good news because we can study the past to predict the future. Things might not unfold in the same way, but the principles are often the same. A great resource for predicting the future to some degree is Ray Dalio's, Principles For Dealing With The Changing World Order. See the resources section for a link to this video.
15. **KNOW THE ENEMY** – Your fellow American's aren't your enemy. Your enemy are the ones behind our political figures. They are the ones in the shadows pulling the strings. In the spiritual battle we find ourselves in, evil people use other people to do their dirty work. They indoctrinate them and weaponize them against themselves, their country, and their fellow human beings. With that in mind, reframe your mind to see that your fellow Americans aren't your enemy. The people poisoning their minds, bodies, and souls are your enemy. Ultimately your enemy is Satan, as he is the ring-leader for the whole operation.
16. **KNOW YOURSELF** – What are your strengths and weaknesses? What are your natural God-given talents and gifts? I believe this is the time for everyone on earth to step into their greatness and serve humanity in the way God wants them to serve and shine their light as bright as possible. The positive effects of this mass awakening could simply be astounding.
17. **LEAD** – Right now our world needs strong leaders to speak out against the corruption that is happening all over the world. Develop your leadership abilities so you can be one of those people.
18. **LOVE** – Practice love as much as you can. God is love.

19. **TAKE OWNERSHIP** - This can be tough, at least it was for me. Before I accepted complete and total ownership for the state our world is in, I felt helpless and continually waited for someone to step in and do something. I eventually realized that no one was coming to save me and I took complete and total ownership for what is happening in our world.
20. **PLAN** – Develop a plan for how you can use your God-given gifts and talents to serve humanity and help create heaven on earth. What’s your Ikigai, or “reason for being”? What is your purpose? Go to work on that!
21. **PREPARE** – Plan for the best, prepare for the worst. I’m an optimist but I also believe it’s important to be prepared because things don’t always go as planned. There are people more capable of helping you prepare than I am, so I encourage you to invest the time and money and prepare for the worst-case scenario in whatever way you can. Below are a few of my favorite prepping resources. Try not to get carried away with prepping. It’s easy to let things get out of control.
 - a. The Canadian Prepper – <https://www.youtube.com/@CanadianPrepper>
 - b. City Prepping – <https://www.youtube.com/@CityPrepping>
22. **QUESTION AUTHORITY** – If you haven’t noticed by now, our political figures (on both sides) don’t have all the answers, not to mention the fact that most of them appear to be bought and paid for by special interests. If a political or public figure says not to question them, this makes me question them even more. Throughout history, we are told that there is no such thing as a stupid question. However, in 2020 suddenly anyone who asked questions was ridiculed and labeled a conspiracy theorist. If you’re asking questions then you are in good company. Many of the smartest people on the planet readily admit when they don’t know everything.
23. **DO YOUR OWN RESEARCH** – Be skeptical of what government officials, celebrities and even church leaders tell you. These people may not have your best interest at heart. They may be corrupted by The Beast system. Remember, we live in a fallen world and money can make people do things they wouldn’t normally do. In my own research, I’ve learned that the government and special interests influence academic institutions and research facilities by only awarding grants to people and facilities that are publishing research that supports the agenda the government is pushing. Be skeptical of everything an “official” tells you. It could save your life or the life of a loved one.
24. **RESIST TYRANNY AND AUTHORITARIANISM** - Resist, at all costs, centralized governmental control. Don’t give your government (or any government for that matter) any more control over you than is absolutely necessary. The more control they have over you, the more they can use that control to coerce and manipulate you into doing what they want you to do, or should I say, doing what the people they work for want you to do. Below are some ways the government could further control you. Resist these at any and all costs!
 - a. **CBDC’S (Centra Bank Digital Currencies)** – The Federal Reserve is moving quickly to implement a digital currency. I believe that if they do this, it will be end-game for us. They

will be able to have control over how we spend our money. Things are changing very quickly and there are new developments every day. Invest the time to learn more about this important topic.

- b. **DIGITAL ID'S** – Digital ID's are one of the triad of tools (CBDC's, Digital ID's, and Vaccine Passports) the government could use to restrict us and/or make us comply with future demands. Look into this and inform yourself about what's happening with this topic.
 - c. **VACCINE PASSPORTS** – At the G20 summit in November of 2022, world governments signed a declaration to adopt vaccine passports. If they move forward with this, it will be another way for them to control and manipulate us. Please stay up to date of what develops with this topic. <https://cmsedit.cbn.com/cbnnews/world/2022/november/g20-leaders-agree-to-global-vaccination-passport-to-limit-rights-of-travelers-where-will-it-end>
25. **BECOME SELF-RELIANT** – The more reliant you are on the myriad of different systems our government has created and manage in our country, the easier it is for them to control you. Do what you can to become self-reliant and self-sufficient in every area of your life.
26. **SLOW DOWN** – Don't let anyone rush you into making a decision. Their second favorite manipulation technique is to rush you into making a decision without giving you time to think it through. We've seen our government use this tactic time and time again when they want our buy-in to pass major legislation. Remember Nancy Pelosi saying about The Affordable Care Act, "We have to pass it so we can find out what's in it?" This happens frequently. Please don't allow them to rush you into doing something. Slow down and take your time and really think about what they're asking you to do.
27. **SPEAK UP** – Speak up when you see something that isn't right. Become a whistleblower in the agencies and departments you work in. You can do this anonymously to protect yourself if you feel there may be retribution for doing so.
28. **THINK FOR YOURSELF** – Don't allow your government or anyone else to think for you. One of the biggest problems I see developing in our country is this idea that some information is right information and some is wrong information. I believe we're being conditioned to look to our government, a fact-checker, or another authority figure to think for us. This is super dangerous. God gave you a brain and discernment so you could think for yourself. Learn to trust your intuition and never outsource your thinking. Remember, the USA (i.e. our government) won the cold war for a reason. They wrote the book on propagating misinformation and psychological warfare.
29. **UNITE PEOPLE** – The dark forces that are hard at work in our world seek to divide us. They know that a divided nation is a weakened nation. Do everything you can to unite people. This is our only hope. Divided we fall. United we stand. Below are just a few ways the enemy tries to divide us.
- c. Republican vs Democrat
 - d. Black vs White
 - e. Rich vs Poor
 - f. Male vs Female

30. **STOP WAITING FOR SOMEONE TO SAVE YOU** – While some may find this mindset to cause hopelessness, I find it to be empowering. This is the mindset that I have adopted and I'm glad I did. I spent years waiting for someone to do something to fix the problems we're facing in our country until one day I realized that I was someone and I could start fixing the problems I saw in the world.
31. **WAKE UP** – Do what you can to wake up to the lies and deception in the world. Watch movies, documentaries, and videos. Read books. Follow other truth seekers. Focus on staying as awake and aware as you can and on being the most informed you can be. Realize that many people believe wholeheartedly what their government and/or the mainstream media tells them. Please be careful trying to wake people up who don't want to be awakened. Additionally, we all have our own blind spots, so try not to judge anyone for what they choose to believe. I don't believe you can change a person's mind or make them see something they don't want to see or aren't ready to see. With this in mind, use caution when sharing information with your family and friends. Tensions are very high in our country and the world right now. Do everything you can to avoid confrontation with people.

QUOTES

"Do not fear." This is the most prominent message in The Bible

"For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places." Ephesians 6:12 KJV

"The pen is mightier than the sword." ~Edward Bulwer-Lytton

"Plan for the best, prepare for the worst." ~Unknown

"If you trust the government, then you don't know history." Unknown

"To ignore evil is to become an accomplice to it." ~Martin Luther King Jr.

"The world will not be destroyed by those who do evil, but by those who watch them without doing anything." ~Albert Einstein

"All that is necessary for evil to triumph is for good men to do nothing." ~Edmund Burke

"The secret of freedom lies in educating people, whereas the secret of tyranny is in keeping them ignorant."
~Maximilien Robespierre

"When the people fear the government, there is tyranny. When the government fears the people, there is liberty." ~Thomas Jefferson

"The price of freedom is eternal vigilance." ~John Philpot Curran

"If we really want to know who is responsible for the mess we're in, all we have to do is look in the mirror. You and I own this country, and we are responsible for what happens to it." ~Ross Perot

"Knowledge is power." ~Francis Bacon

"To oppose corruption in government is the highest obligation of patriotism." ~G. Edward Griffin

"If I were to remain silent, I'd be guilty of complicity." ~Albert Einstein

"Those who trade liberty for security have neither." ~John Adams

"The people who are trying to make this world worse are not taking the day off. Why should I?" ~Bob Marley

"If you know the enemy and know yourself, you need not fear the result of a hundred battles. If you know yourself but not the enemy, for every victory gained you will also suffer a defeat. If you know neither the enemy nor yourself, you will succumb in every battle." ~Sun Tzu, The Art of War

"Be brave. Do something." ~Project Veritas motto

"When all is exposed, 98% of Washington will fall." ~Julian Assange

"One has a moral responsibility to disobey unjust laws." ~Martin Luther King Jr.

Thank you for your purchase!

I will announce updates to this document on my social media, so stay tuned!